

第3回 I.K.O. MATSUSHIMA ワールドカップ
極真空手道選手権大会

III FULL CONTACT KARATE WORLD CUP

3ª COPA DEL MUNDO DE KARATE KYOKUSHIN

ESTEPONA – SPAIN – 2010

PROGRAMME

THURSDAY 17th OF JUNE

All day Arrival of officials and competitors to the Hotel(s)

FRIDAY, 18th

All day Arrival of officials and competitors to the Hotel(s)

09:00-14:00
&
17:00-21:00 Registration and medical check of competitors in the bullring
(Weigh-in, Signing of declaration & account clearance)

19:00 -21:00 Judges And Referees Seminar at the Bullring

21:30 *BEACH PARTY*

SATURDAY, 19th
III WORLD CUP FIRST DAY

PRELIMINARIES in 2 match areas
(117 Bouts – 11 Hours 42 minutes. Half = 5 hours 51 minutes)
Male Lightweights (29 Bouts – 2 Hours and 54 Minutes) Central match area
Male Middleweights (30 bouts – 3 hours) Match area number 2
09:00 Male Heavyweights (29 Bouts – (2 Hours and 54 Minutes) First Match Area available
Women's Lightweights (9 Bouts – 54 Minutes) First Match Area available
Women's Middleweights (2 bouts – 12 Minutes) First Match Area available
Women's Heavyweights (2 Bouts – 12 Minutes) First Match Area available
Male lightweights (16 Bouts – 1 Hour and 36 Minutes) First Match Area available

15:00 Lunch

16:30 Arrival of officials and competitors to the Bullring

17:05 *OFFICIAL OPENING*
MARCH -IN in Alphabetical Order. Spain last Country
SPEECHES

DEMONSTRATION OF RULES

2nd ROUND (5 hours)
17:45 *Women's* Lightweights (8 Bouts – 48 Minutes)
Women's Middleweights (8 Bouts – 48 Minutes)
Male Middleweights (16 Bouts – 1 Hour and 36 Minutes)
Male Heavyweights (16 Bouts – 1 Hour and 36 Minutes)

22:30 *Women's Quarter Finals* (12 Bouts – 1 Hour And 12 Minutes.)

23:45 *3rd ROUND* (2 hours, 24 minutes)
Male Lightweights (8 Bouts – 48 Minutes)
Male Middleweights (8 Bouts – 48 Minutes)
Male Heavyweights (8 Bouts – 48 Minutes)

Closing Of First Day Of III World Cup 2010

SUNDAY, 20th
III WORLD CUP SECOND DAY

10:30-13:30	<i>INTERNATIONAL CONGRESS</i>
16:00	Doors Open & Arrival of officials and competitors to the bullring
17:15	MARCH –IN All Competitors and Countries In Alphabetical Order. Spain Last Country SPEECHES DEMONSTRATION OF RULES
18:00	Men's Quarter-Finals (Total 12 Bouts – 1 Hour And 12 Minutes)
19:10	Introduction Of Qualified Competitors (24 Fighters)
19:25	Women's Semi-Finals (6 Bouts – 36 Minutes)
20:00	Tameshiwari contest
20:30	Men's Semi-Finals (6 Bouts – 36 Min.)
21:10	Demonstration (10 Minutes) 3 rd Place Matches (6 Bouts -36 Min.)
21:55	Demonstration (20 Minutes)
22:15	Women's Lightweight Final (6 Min.) Women's Middleweight Final (6 Min.) Women's Heavyweight Final (6 Min.)
22:55	Men's Lightweight Final (6 Min.) Men's Middleweight Final (6 Min.) Men's Heavyweight Final (6 Min.)
23:45	TROPHIES HANDOVER (15 Min.)
24:00	CLOSING CEREMONY of III World Cup 2010
24:30	SAYONARA PARTY in The Bullring